

It's Lent

Today, Wednesday, March 5th, 2025, the Church begins its most solemn Season of Lent with Ash Wednesday. Lent is a forty day period where the Church reminds us of God's open invitation to draw closer to God. We are encouraged to do so through the discipline of prayer, fasting and almsgiving. Ash Wednesday sets the tone for Lent by reminding us of the ultimate futility of all we hold near and dear to us, especially those people and things which pull us away from God and prevent us from upholding the dignity of others. This is symbolized in the ashes we receive on our foreheads in the form of a cross. The ashes also serve as a vivid reminder that apart from God we are and can do nothing.

This current liturgical year was declared by Pope Francis a Jubilee Year under the theme "Pilgrims of Hope." As people on a journey of hope, Pope Francis essentially encouraged the faithful to renew their commitment to prayerful devotion. This Lent I extended my own personal invitation to our entire school community, to engage in a short period of prayerful silence, as a part of their morning devotions. Prayer is essential to our journey through Lent. It is what puts our abstinence, fasting and almsgiving into perspective as they are all ultimately directed toward God who is our all in all. We are all on this journey together, this journey of hope towards our salvation. Let us therefore, pray for one another. Let us pray for our parents and guardians; our faculty and staff that God may continue to guide and protect our school community. May our Lenten journey draw us all closer to God and one another. Go Saints!

Leonardo Soncaire

Principal

St. Francis de Sales School